PORTALES MUNICIPAL SCHOOLS
7th THRU 12th GRADE
Choice of Fat Free Chocolate (30g),
Fat Free Strawberry (30g), or 1% White Milk (13g)
FRUIT AND SALAD BAR OFFERED DAILY

FEBRUARY 2024

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY 1/8/24

Chef SALAD Available Daily for lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FREE LUNCH	BREAKFAST FOR ALL	AND STUDENTS	1 ~~BREAKFAST~~ Omelet w/tortilla, Banana, Juice ~~LUNCH~~ Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches OR Chicken Sandwich, Fries, Broccoli, Peaches	2 ~~BREAKFAST~~ Cereal, Cheese Stick, Apple Crisp, Juice ~~LUNCH~~ EARLY RELEASE Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Applesauce Chicken Fajitas, Refried Beans, Carrots, Applesauce
5 ~~BREAKFAST~~ Ultimate Breakfast Round, Fruit Cups, Juice ~~LUNCH~~ Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Peaches or Chicken Wings, Fries, Celery Sticks, Breadsticks, Peaches	6 ~~BREAKFAST~~ Morning Roll, Applesauce, Juice ~~LUNCH~~ Pizza, Broccoli, Carrots, Fresh Fruit or Asian Chicken, Rice, Broccoli & Carrots, Pineapple	7 ~~BREAKFAST~~ French Toast, Sliced Apples, Juice ~~LUNCH~~ Beef & Cheese Nachos, Homemade Pinto Beans, Carrots, Applesauce OR Corn Dog, Baked Beans, Cucumber, Applesauce	8 ~~BREAKFAST~~ Turkey Ham & Cheese Croissant Melt, Banana, Juice ~~LUNCH~~ Chicken Smackers, Mashed Potato, Cucumbers, Gravy, Roll, Pears OR Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Pears	9 ~~BREAKFAST~~ Pizza, Apple Crisps, Juice ~~LUNCH~~ EARLY RELEASE Sandwich, Lettuce & Tomato, Carrots, Chips, Slushie OR Chili Dogs, Chips, Carrots, Broccoli, Slushie
12 ~~BREAKFAST~~ Waffle, Fruit Cup, Juice ~~LUNCH~~ Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit OR Meatball Sub, Fries, Broccoli, Mixed Fruit	13 ~~BREAKFAST~~ Cake Donut, Applesauce, Juice ~~LUNCH~~ Pizza Crunchers, Green Beans, Carrots, Fresh Fruit OR Beef & Potato Burrito, Homemade Pinto Beans, Salad w/Tomato, Fresh Fruit	14 ~~BREAKFAST~~ Muffin Top, Sliced Apples, Juice ~~LUNCH~~ Frito Pie, Corn, Broccoli, Applesauce, Holiday Cookie OR Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Applesauce, Holiday Cookie	15 ~~BREAKFAST~~ Eggstravaganza Burrito, Banana, Juice ~~LUNCH~~ Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears OR Grilled Ham & Cheese Sandwich, Fries, Cucumbers, Pears	16 ~~BREAKFAST~~ Cheese Filled Breadstick, MixZees Dried Fruit, Juice ~~LUNCH~~ EARLY RELEASE Chicken Sandwich, Fries, Carrots, Peaches OR Spaghetti, Green Beans, Carrots, Breadsticks, Peaches
19 President's Day  	20 ~~BREAKFAST~~ Pancake on a Stick, Applesauce, Juice ~~LUNCH~~ BBQ Sandwich, Baked Beans, Broccoli, Mixed Fruit OR Cheese Nachos, Carrots, Broccoli, Mixed Fruit	21 ~~BREAKFAST~~ Cream Cheese Bagel, Sliced Apples, Juice ~~LUNCH~~ Stuffed Crust Pepperoni Pizza, Broccoli, Carrots, Fresh Fruit OR Ram Bowl (Popcorn Chicken, Mashed Potato, Corn, Brown Gravy, Cheese), Biscuit, Fresh Fruit	22 ~~BREAKFAST~~ Omelet w/tortilla, Banana, Juice ~~LUNCH~~ Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches OR Chicken Sandwich, Fries, Broccoli, Peaches	23 ~~BREAKFAST~~ Cereal, Cheese Stick, Apple Crisp, Juice ~~LUNCH~~ Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Applesauce OR Chicken Fajitas, Refried Beans, Carrots, Applesauce
26 ~~BREAKFAST~~ Ultimate Breakfast Round, Fruit Cups, Juice ~~LUNCH~~ Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Peaches OR Chicken Wings, Fries, Celery Sticks, Breadsticks, Peaches	27 ~~BREAKFAST~~ Morning Roll, Applesauce, Juice ~~LUNCH~~ Pizza, Broccoli, Carrots, Fresh Fruit Asian Chicken, Rice, Broccoli & Carrots, Pineapple	28 French Toast, Sliced Apples, Juice Beef & Cheese Nachos, Homemade Pinto Beans, Carrots, Applesauce Corn Dog, Baked Beans, Cucumber, Applesauce	29 Turkey Ham & Cheese Croissant Melt, Banana, Juice Chicken Smackers, Mashed Potato, Cucumbers, Gravy, Roll, Pears Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Pears